



Monday, September 1 Labour Day	Tuesday, September 2 PA Day	Wednesday, September 3 Day 1	Thursday, September 4 Day 2	Friday, September 5 Day 3
No School (Labour Day) 	No School (PA Day) School is NOT open to students today.	First Day of School! 		

Welcome back to school, and if you're new, welcome to the East Carling family!

We hope that all of our students and families have had a wonderful summer and would like to warmly welcome everyone back to East Carling Public School. A friendly reminder that the **FIRST DAY OF SCHOOL** is **WEDNESDAY, SEPTEMBER 3rd**.

We welcome back all of our fantastic Thunder Staff and extend a warm welcome to Mrs. Waite (Grade 1), Mrs. Bovan (Grade 1/2), Mrs. Fitz-Gerald (Grade 1/2), Mrs. Norton (Grade 2/3), Mrs. Kennedy (Grade 4/5), and A. Letkeman (Grade 5/6, prep). Welcome to East Carling!

New to Canada Families

We are sending a huge welcome to our new families. We are so happy to have you join us at East Carling. If you are new to Canada, please let us know so we can connect you with our [Settlement Worker](#).

Weekly Thunder Tracks Newsletter

We will send out a weekly electronic newsletter via email – Thunder Tracks to families each week with an update of what is happening in our school community. Please make sure to watch for the email and keep connected! Please ensure your [School Messenger account](#) is set up to ensure that you receive messages from the school and have access to the attendance program with Thames Valley.

First Day Procedures:

Grade 1-8 Students:

On the first day of school, students will look for their grade number on a pylon sign in the East Carling playground. Students will remain at the pylon while waiting for teachers. Teachers will call out students' names following the 9 AM school bell and students will proceed indoors with their new Teacher and classmates.

Kindergarten students and families,

- Meet the Teachers and ECE's on the Kindergarten yard.
- Information for the first day will be communicated to you by the Kindergarten team on Friday, August 30th.
- Students in Year 2 (SK) will start on Wednesday, September 3rd.
- Students in Year 1 (JK) were given their specific start date on the Welcome letter. (Start dates are Sept.4 or Sept.5)
- See the [Kindergarten webpage](#) for more information.

School Access:

All school building doors will be locked during the school day. Access will only be through the main doors off the parking lot. Please 'buzz' the office (box on the left side of the front doors) if you are here to pick up your child(ren) during the day. We will call into the classrooms to have your child(ren) meet you.

Daily Schedule for Learning:

Daily School Schedule

East Carling operates on a balanced day system for lunch. This means we have two opportunities for longer breaks to eat lunch and go outside during each day.

If you would like your child (Grade 7 or 8 only) to go home for lunch, they may leave on the first break which is 50 minutes. Please send a note if they are going home for a singular occurrence or complete a form picked up at the office for ongoing permission. A form completed by a parent must be on file if they are allowed to go home for lunch on a regular basis.

9:00am – 11:00am	First Block of Learning
11:00am – 11:50am	Nutrition Break #1
11:50am – 1:30pm	Second Block of Learning
1:30pm – 2:10pm	Nutrition Break #2
2:10pm – 3:30pm	Third Block of Learning

Parent Portal & Medications:

- A reminder to access the [Parent Portal](#) to confirm that contact and medical information is accurate.
- If your child has an allergy, asthma or another health concern, please fill out an [Individual Plan of Care \(IPOC\)](#) and send Epi-pens, Puffers and/or other medications to the school as soon as possible.
- A [PRN form](#) (Authorization for Administration of PRN Prescription Medication) must be completed for all students taking medication at school (which includes inhaler medications) and must be filled out each year.
- Don't hesitate to contact Mr. Riley, Vice Principal, with any questions.

Materials for School:

- Many families have been asking about supplies. We will have all the materials for every student to use at school. However, you are welcome to send in items for your child such as a pencil case, pencil crayons, markers, pencils, erasers etc.
- **Please ensure ALL items that come to school are clearly labelled with your child's first and last name using a label or a permanent marker.**
- Each student is asked to leave a pair of clearly labelled indoor shoes at school. Students are welcome (and encouraged in the primary grades) to keep a sealed plastic bag of extra clothing in their backpacks.
- Students can have a labelled reuseable water bottle. We have three water stations available to refill bottles, in addition to water fountains.
- All students will eat in their classroom at their desks. Students are encouraged to bring a waste-free lunch or throw out garbage/recycling at the end of lunchtime. Please send containers that are easy to open.
- Please call the main office if your child(ren) needs a backpack from the backpack program (Best First Day).

Drop-Off & Pick-Up Procedures:

Drop-Off

- The drop-off zone for "kiss and ride" is located in the parking lot. Please do not park in this area. Kiss and ride is before school only.
- If you are walking your child(ren) into the schoolyard please note there is no supervision on the yard (or in the school) before 8:45am. If your child arrives before 8:45 they must be supervised by a parent/guardian. Students will not be able to play on the play equipment before school.

Pick-Up

- Kiss and ride IS NOT available after school as the parking lot is closed for school bus transportation.
- Please meet your child(ren) in the schoolyard at 3:30pm.

Parking

If you are parking to bring your child(ren) into the schoolyard, you will need to park on Glasgow St (NOT in the bus zone in front of the school yard) or on Piccadilly St. or other available side streets. Parking enforcement comes by regularly, please follow parking signage.

Bus Information and Procedures:

- If your child rides the bus, please review safety rules:
 - Walk to your seat
 - Remain seated when the bus is moving
 - No eating on the bus
 - Be respectful to all riders on the bus and in community
- Kindergarten students will be taken to the bus by an educator at the end of the day.
- For bus information please visit the My Big Yellow Bus website, [mybigyellowbus](#)
- It is essential that you be on time for the bus, and if you have a primary student, you must meet them when they get off the bus.

*If your student(s) arrives after 9am please use the main entrance of the school and check-in at the office. **The gates in the kindergarten yard are closed and locked at 9am and must remain locked for the safety of the students.**

*We understand that sometimes situations come up where parents/guardians need to sign out their children early, however, unless necessary we ask that you wait until school is dismissed at 3:30pm. Early sign-outs are very disruptive for the class and interrupts the students learning time. **Please note we will no longer be allowing sign-outs after 3:15pm.**

Student Insurance:

We'd like to share information about two optional insurance providers that offer coverage for certain medical expenses not included under OHIP. These services may be helpful for families seeking additional protection for their children.

Please note: this insurance is optional and not required for school attendance. Sharing this information is simply intended to support families who may find it useful. For details about the providers and coverage options, please refer to the following:

<https://www.studyinsuredstudentaccident.com/>

<https://insuremykids.com>

Cell Phones

Reminder to all families that Cell Phone policies are in place with the Provincial Government direction. Members of the school community are to only use personal devices for health or medical reasons or support educational needs with the direction of school staff.

- For students grade 6 and below, the policy requires that students' personal mobile devices are stored out of view and powered off throughout the entire school day.
- Students grade 7 and above must have personal mobile devices stored out of view and powered off during instructional time. Please remind your student that the focus and attention required during instructional time is important to their success and future successes!

We are all excited to welcome back our students. See you next week! Have a great weekend!

Thank you, Susanne Young, Principal, & Shane Riley, Vice-Principal

Save The Date:

September 25th – Picture Day!

East Carling School Motto

"Thundering pride: Driven by unity towards success"

