

Monday, October 20 Day 2	Tuesday, October 21 Day 3	Wednesday, October 22 Day 4	Thursday, October 23 Day 5	Friday, October 24 Day 6
	<p><b>Pizza Lunch</b></p> <p>Cross Country Finals – Congrats Nylah &amp; Tyson!</p> <p>ECE Appreciation Day!</p> <p>Start2Finish 3:30-5:30pm</p>	<p>BGC: 3:30-5:30pm.</p>	<p>Bus Driver Appreciation Day!</p>	

**Important Info**

**E-Scooters**

Students **should not bring e-scooters to school**. Ontario Ministry of Transportation regulations require riders to be at least **16 years old**, and helmets are mandatory for anyone under 18. Elementary-aged students are **not legally allowed** to operate e-scooters and bringing them to school creates safety risks for all students. We appreciate your support in keeping our school community safe.

**Early Pick-Ups**

We understand sometimes situations come up where parents/guardians need to sign out their children early, however, unless necessary we ask that you **wait until school is dismissed at 3:30pm**. Early sign-outs are very disruptive for the class and interrupts the students learning time. **Please note we will no longer be allowing sign-outs after 3:15pm.**



**TERRY FOX FOUNDATION**

We introduced Terry Fox through our school run last and will be raising money for cancer research until the end of October. More to come from our student council this week! If you would like to make a donation please click on the link below.

<https://schools.terryfox.ca/104057>

Thank you, Susanne Young, Principal, & Shane Riley, Vice-Principal



**SPiritWEAR NOW AVAILABLE**

ONLINE STORE OPEN OCTOBER 1st - 29th

**SHOW YOUR SPIRIT!**



ALTERANTE COLOURS AVAILABLE IN PRODUCT SHOWN



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East Carling PS



**October**

**Inclusion**

- ✓ Asking someone to join
- ✓ Helping others, including those that are different than you, to succeed
- ✓ Being kind to others
- ✓ Feeling safe and valued

**Monthly Character Trait:**

This month's character trait is **Inclusion**. How are you going to show inclusion this month?

This month, staff will be looking for a student who shows examples of inclusion here at East Carling. The second award will be going to a student who has shown dedication and growth in **math** this month!

**GO THUNDER!**



## Volunteer and Help a Young Child Learn to Read

**Volunteer Opportunity**

Become a **Strong Start to reading™** Volunteer Coach in the *Letters, Sounds and Words™* Program



*"It's a gift to witness the excitement and possibility that learning to read can ignite in children."*

- Loa Zilles, Strong Start Director of Program

### You can help by:

- Working one-on-one with a child in Kindergarten, Grade 1 or 2 in a school in our *Letters, Sounds and Words™* program
- Playing games to develop a child's foundational literacy skills
- Attending two, 2-hour training sessions - in-person or online
- All games and materials are provided and align with Language Curricula Canada-wide and the Science of Reading
- Minimum time commitment 30 minutes / week for 10 weeks



SCAN ME

*"Working with young children brings joy into my life."*

- Volunteer Coach

To register for Volunteer Coach training, please visit [strongstart.ca](http://strongstart.ca).

Strong Start® Charitable Organization is a Registered Canadian Children's Charity #925948060RR0001



**Strong Start to reading™**  
"Making a difference in the life of a child"

For more information: 1-833-419-READ (7323)  
info@strongstart.ca | www.strongstart.ca



### TVDSB urges road safety for drivers, pedestrians

With students back in school, and increased vehicle traffic around all its schools, the Thames Valley District School Board would like to remind students, parents, and drivers about the ABCs. **Always Be Careful** when it comes to driving, walking, or crossing near schools. Here are some ways to keep yourself, and others, safe when near one of the schools in our area.

#### For drivers and cyclists

- Slow down when you are in a school zone or any area where children can be seen walking.
- Avoid distractions, such as cellphones or loud music.
- Be extra careful if it's raining, snowing or if the road is wet or snow covered.
- Obey all road signs, including speed limits, stop signs and no parking areas.
- Follow directions from crossing guards.
- Provide enough space for cyclists.
- If you are driving children to school:
  - Do not park in no parking zones
  - Have children exit from the passenger side of the vehicle
- Pay attention to your surroundings and be prepared to stop for people looking to cross the road.
- You are legally required to stop for pedestrians at a pedestrian crosswalk.
- Stop for school buses and be aware of children running in front of or behind buses. There are serious consequences for not stopping for a school bus.

#### For families walking to school

- Use the sidewalk; avoid walking on the road if possible.
- Always cross at an intersection or crosswalk.
- Look both ways when crossing any street.
- Avoid distractions while crossing.
- Don't assume someone in a vehicle can see you, or that it will stop for you while crossing the road.
- When at a pedestrian cross walk, make sure you stand next to the designated crossing sign to show drivers you want to cross.
  - Cross only when traffic has come to a complete stop or the road is clear.
  - If there are flashing beacons, press the button to activate.

### Save The Date:

October 31<sup>st</sup> – Halloween – Costumes are allowed but NO masks, weapons or inflatables

November 4<sup>th</sup> – Photo Retake Day

November 14<sup>th</sup> – PA Day



**East Carling School Motto**  
**"Thundering pride:  
Driven by unity towards success"**



**MUSTANGS VOLLEYBALL**  
**\$5 DOUBLE HEADER (REG \$10)**  
**FRIDAY OCT 24TH**

Experience two Western Mustangs Volleyball games for the price of one!

## Western Volleyball

- Oct 24** 7 days left!  
Oct 24 @ 6:00 p.m. - 10:00 p.m. EDT
- Lambton Dr**  
London, ON N6A 0C2, Canada

Get ready for an exciting night watching Western's Volleyball teams play Guelph! East Carling Home & School Association has group tickets for Western's Home Opener on Oct 24th. It's a fast-paced, high energy event, and we'd love to see you there!

- Ladies play at 6pm
- Men play at 8pm
- General admission - come anytime!
- Family event with free parking and food for purchase.
- Reg \$10.....now just \$5 per person!!

To purchase Tickets please click this link: <https://www.zeffy.com/en-CA/ticketing/western-volleyball>



### Treat Accessibly

**October 25 | 12:00 - 3:00 pm**



**Hallowe'en Is Brewing With Fun!**

- Hallowe'en Photo Booth
- Face Painting
- Hallowe'en Kids' Club Craft\* (1:00 - 3:00 pm)
- Meet & Greet Special Guests
- Trick Or Treat Stations\* - Accessible
- Costume Parade (2:30 pm start)

\*while supplies last



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 SHOPPING CENTRE

**level up!**

# SKILLED TRADES CAREER FAIR OPEN HOUSE

**WHEN**

**NOV. 12**

3:00 p.m. to  
7:30 p.m.

**WHERE**

**LONDON**

J-AAR Expo  
Centre Pavilion

Real industry pros

Free

Interactive exhibits



**CANADIAN  
RED CROSS**  
TRAINING  
PARTNER

## *Babysitting Course!*

**WHEN:** PA Day, Friday, November 14, 2025.  
**WHERE:** Trinity Place, 570 Gainsborough Rd,  
London.  
**TIME:** 9:00 a.m. to 4:00 p.m.  
**FEE:** \$65.00 tax included  
**CONTACT:** 519-858-0382  
[vantagefirstaid@rogers.com](mailto:vantagefirstaid@rogers.com)  
[www.vantagefirstaid.com](http://www.vantagefirstaid.com)



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Red Cross

Training Partner

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