


Monday, September 22 Day 4	Tuesday, September 23 Day 5	Wednesday, September 24 Day 6	Thursday, September 25 Day 7	Friday, September 26 Day 8
Cross Country Practice @ 8:15am	Grade 7/8 Co-Ed Soccer Tournament at North London Soccer Field Cross Country Practice @ 8:15am	BGC: 3:30-5:30pm.	Picture Day!  Cross Country Practice @ 8:15am	Spirit Day! Wear Purple & Gold/Yellow Cross Country Practice @ 8:15am

Important Info

- Please ensure your [School Messenger account](#) is set up to ensure that you receive messages from the school and have access to the attendance program with Thames Valley.
 - A reminder to access the [Parent Portal](#) to confirm that contact and medical information is accurate.
 - If your child has an allergy, asthma or another health concern, please fill out an [Individual Plan of Care \(IPOC\)](#) and send Epi-pens, Puffers and/or other medications to the school as soon as possible.
 - A [PRN form](#) (Authorization for Administration of PRN Prescription Medication) must be completed for all students taking medication at school (which includes inhaler medications) and must be filled out each year.
 - Don't hesitate to contact Mr. Riley, Vice Principal, with any questions.
 - If you would like to volunteer at our school this year please make sure you have everything you need on file!
 - Vulnerable Screening Police Check
 - Confidentially Statement and AODA (Accessibility for Ontarians with Disabilities) Training Form
 - Application for Volunteer Driver (if transporting a child that is not your own)
- <https://eastcarling.tvdsb.ca/en/our-school/volunteer.aspx>

Thank you, Susanne Young, Principal, & Shane Riley, Vice-Principal

 **Home and School Association & School Council**

We're fortunate to have two amazing organizations working together to support our students, teachers, and school community. We have a School Council, and new this year, a Home and School Association.

Both the School Council and the Home and School Association have a unique focus, which is explained below:


School Council is a formal advisory group recognized by the Ministry of Education. It provides input on school policies, improvement plans, and supports student achievement. All parents are welcome to attend meetings and contribute ideas.

Home and School Association is an independent parent group affiliated with the Ontario Federation of Home and School Associations. It focuses on building community, organizing events, and fundraising to support school initiatives. It works in partnership with school staff but operates independently from the school board.

You're welcome to join either group, or both!

Home & School Association <https://sites.google.com/ofhsa.ca/echasa/home>

School Council [East Carling School Council Election Form](#)

 **Scholastic Book Fair is Coming!**

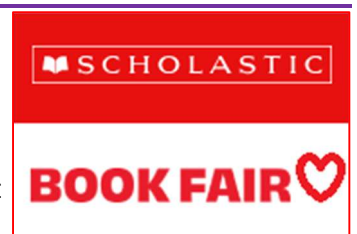
Our school will be hosting the **Scholastic Book Fair from October 8th–14th** in the library.

We're excited to welcome families to browse and shop during **Meet the Teacher Night on Wednesday, October 8th from 5:00–6:30 p.m.** The Book Fair will also be open throughout the school week for students to enjoy and make purchases.

Every purchase helps support our school library and fosters a love of reading in our students.

We look forward to seeing you there!

Please visit <https://www2.scholastic.ca/bookfairs/parents-and-families/>



Save The Date:

September 30th – Orange Shirt Day – National Day for Truth and Reconciliation

October 7th – Cross Country Regional Meet

October 8th – Meet the Teacher Night

East Carling School Motto

“Thundering pride: Driven by unity towards success”



YOUR PHOTO DAY IS APPROACHING!

September 25, 2025

Showcase Your Best Smile

- Students will be photographed at school.
- On photo day, no order form or payment is due.
- Review your images and purchase online with ease!



DON'T FORGET

School photos are a Canadian tradition to capture the school year and preserve your continued growth.

GET REMINDERS

Sign up for notifications at edgeimaging.ca/photoday to get real-time updates about your photo day and stay in the know with Edge.



1 (866) 707-3343

edgeimaging.ca

[edgeimaging](https://edgeimaging.ca)



Mark your calendars!

Our Pizza Lunch is starting Tues Sept 30th
(order deadline Sept 24th)

2 slices of delicious Gino's pizza for \$5
(gluten free or vegan 2/\$6)

Watch for an email link
to our new ordering system called ZEFFY



WWW.EASTCARLING.TVDSB.CA

Meet & Greet

Mark your calendars for the annual East Carling P.S. 'Meet the Family' Night on Wednesday, October 8th, 2025, from 5:00-6:30 pm. It's a great way to meet your child(ren)'s teacher, enjoy some food, and get to meet other families in the community!

Pizza orders will be served from 5:00-5:30pm in the gymnasium. Please keep an eye out for an email from the East Carling Home & School Association with more information about pizza orders.

Staff are looking forward to meeting their students' families in your child(ren)'s classrooms between 5:30 – 6:30 pm.

-East Carling Staff

East Carling School Council

Join the East Carling School Council to support our school and all of the Children's learning.

Online Nomination Form Self-Nomination Form (send to the office).
Nominations due September 22, 2025

Meetings are the First Monday of the month

First Meeting October 6th @ 6pm.

We can't wait to see you!

LEARN MORE HERE

WWW.EASTCARLING.TVDSB.CA



WELCOME FROM SSWB

September 2025

The Thames Valley Safe Schools and Well-Being team want to send a warm welcome to the 2025-26 school year for each of our students and their caregivers.

As we begin the school year, our team would like to take this opportunity to introduce you to some resources you may find supportive this September:



- *TVDSB Safe and Caring Environments*
- *School Mental Health Ontario:*
 - *Successful Transitions*
 - *Supporting Back-to-School Stress and Anxiety*
- *Family Well-being Community Workshop Series*
- *Bullying Prevention and Intervention supports*