




East Carling Public School

"Thunder Tracks" Newsletter

Monday, May 26 Day 5	Tuesday, May 27 Day 6	Wednesday, May 28 Day 7	Thursday, May 29 Day 8	Friday, May 30 PA Day
Class Photos & Grad Retakes! Freezies for Sale! (During 1 st Break)	Pizza Lunch Day Freezies for Sale! (During 1 st Break) Softball Quarterfinals! EQAO Grade 3 <small>*Start 2 Finish 3:30-5:30</small>	Popcorn for Sale during 1 st break Track & Field Meet @ Montcalm S.S. (All Day Event) E.C. Summer Program Info Session (See Flyer Below) RED Shirt Day for National AccessAbility Week EQAO Grade 3 <small>*LAST BGC 3:30-5:30</small>	Subway Lunch Day Freezies for Sale! (During 1 st Break) 519 Hip Hop – Grade 7/8 EQAO Grade 3	PA DAY 

Welcome Back Mrs. Young! 😊

***Important Notes:**

Please note there is no supervision on the yard (or in the school) in the morning before 8:45am. If your child arrives before 8:45 they must be supervised by a parent/guardian.

Please ensure students are not bringing toys from home to school. Outdoor sports balls are allowed (labelled with student's name) but please note the school will not be responsible for lost, stolen or damaged balls. **Water guns and firearm-like objects are forbidden at school.**

We are asking you to please **review with your children the safety rules with regards to riding scooters, bicycles, rollerblades, and any other wheeled vehicles to school.** Students need to remember to wear their helmet and that they only walk, not ride, these devices once they are on school property. We want to protect the safety of all our children!

If your student(s) arrives after 9am please use the main entrance of the school and check-in at the office. **The gates in the kindergarten yard are closed and locked at 9am and must remain locked for the safety of the students.**

We understand that sometimes situations come up where parents/guardians need to sign out their children early, however, unless necessary we ask that you wait until school is dismissed at 3:30pm. Early sign-outs are very disruptive for the class and interrupts the students learning time. **Please note we will no longer be allowing sign-outs after 3:15pm.**

Thank you for following safe arrival/departure protocols and ensuring the safety of our students.

Thank you, Susanne Young, Principal, & Shane Riley, Vice-Principal

You are invited to attend the
Community Summer Programs/Activities Fair

Wednesday, May 28th, 2025
3:30 – 4:30 pm
East Carling Gym

All are welcome!

Free and low-cost programs/activities offered by:

- The City of London
- Stevenson Children's Camp
- Muslim Resource Centre
- Boys and Girls Club
- Intercommunity Health Centre
- LUSO Community Services
 - Merrymount
 - And others...




Freezie Sales

\$1 **\$2**

HALF-SIZED FREEZIE FULL-SIZED FREEZIE

Sales will be first break only
Mondays
Tuesdays
Thursdays
Fridays
 Starting May 22

SUPPORTING EAST CARLING'S GRADE 8 GRADUATION TRIP

Coming Up:

- June 5 – We Remember Our London Family (Wear Purple & Green)
- June 6 – Eid
- June 6 – Grade 7 Immunizations

Save The Date:

- June 11 – Jump Rope for Heart
- June 11 – Kindergarten Open House!
- June 19 – School Council Year-End Event!
- June 24 – GRAD!



East Carling School Council News
Next Meeting: June 2, 2025
 Please visit the [EC Website](#) and [Facebook page](#)

East Carling School Motto
"Thundering pride: Driven by unity towards success"

May

Perseverance

- ✓ Is the drive that helps you get past the hard stuff to get to what you want
- ✓ Sticking with something, even if it's hard
- ✓ Is the ability to do your best toward a goal
- ✓ Is the ability and self control that pushes you to work through challenges

Monthly Character Trait:

This month's character trait is **Perseverance**. How are you going to show perseverance this month?

This month, staff will be looking for a student who shows examples of perseverance here at East Carling. The second award will be going to a student who has shown dedication and growth in math this month!

GO THUNDER!

WELCOME to Kindergarten @ East Carling P.S.

Save the Date

What: Welcome To Kindergarten Open House

When: Wednesday, June 11

Where: East Carling P.S. Kindergarten rooms & South Yard

Time: 4:00pm to 5:00pm

We would love for all new first year and new second year kindergarten students and their families to join us for a welcome to kindergarten open house! Parking will be available in the school lot after the last bus leaves for the day. You may also park on either Strand St. or Picadilly St. Look for the balloons at the door by the basketball nets to enter the school.

During the kindergarten open house you will:

- *meet the kindergarten educators
- *explore our kindergarten classrooms and south yard
- *receive a kindergarten information package
- *learn about programs and services within our school and community.

We are excited to welcome you to kindergarten at East Carling P.S. and look forward to meeting you at our open house :)
Your Kindergarten Educator Team

East Carling Softball Schedule 2025

(*After School 4:00-5:00pm*)

Thursday May 1st – East Carling @ Prince Charles

Tuesday May 6th – Tweedsmuir @ East Carling (Mornington Park)

Thursday May 8th – East Carling @ Forest City

Tuesday May 13th – East Carling @ Lord Nelson

Thursday May 15th – East Carling @ Northdale Central

Tuesday May 20th – East Carling @ JP Robarts

Thursday May 22nd – East Carling @ Trafalgar

Tuesday May 27th – Quarterfinals (every team advance to playoffs)

Thursday May 29th – Semi Finals (if we advance)

Tuesday June 2nd – Finals (if we advance)



DONATE

GRAD

21 JUNE

THANK YOU!



LOOKING FOR

Please support our Grade 8s by donating **GLOW STICKS & CANDY** for a candy buffet at GRAD!

Drop off donations at the office.



UP lifting ways to go about your day

1. Wake UP and decide to have a great day!
2. Cheer UP and think how great it is to be YOU!
3. Look UP at the sky and be grateful for this day
4. Show UP to places with a positive attitude
5. Listen UP to the voice inside of you
6. Team UP with others to make things better
7. Build UP your brain by learning hard things
8. Lift UP others with kind words and compliments
9. Reach UP for new dreams and goals
10. Cuddle UP at night with your favorite book or someone you love



Big Life Journal - biglifejournal.com

Fun Activities for Free or Low Cost at Investing in Children's Kids 1st Day Friday May 30, 2025



Enjoy free or low-cost activities at 55+ locations in London and area!

Choose from arts and crafts, science experiments, scavenger hunts, games, play places, museum visits and more!
There is sure to be a Kids 1st Day activity for every child.

A full list of participating locations, times and activities as well as available prizes will be at www.investinginchildren.on.ca/kids-first-day.

Kids 1st Day, is presented by Investing in Children and sponsored by the Kiwanis Club of Forest-City London



CANADIAN RED CROSS TRAINING PARTNER

Babysitting Course!

WHEN: PA Day - Friday, May 30, 2025.
WHERE: Trinity Place, 570 Gainsborough Rd, London.
TIME: 9:00 a.m. to 4:00 p.m.
FEE: \$65.00 tax included
CONTACT: 519-858-0382
vantagefirstaid@rogers.com
www.vantagefirstaid.com



Learn how to take care of yourself and others - register now for the Red Cross Babysitting Course!

Popcorn Sale!

EVERY WEDNESDAY (Until June 18th)



BUTTER SALT • DILL PICKLE • WHITE CHEDDAR

\$2/BAG

SUPPORT GRADE 8 GRAD TRIP

EAST CARLING

WEDNESDAY'S DURING FIRST BREAK