



**Thunder Tracks Newsletter**

Monday, April 27 Day 6	Tuesday, April 28 Day 7	Wednesday, April 29 Day 8	Thursday, April 30 Day 9	Friday, May 1 Day 10
	<p><b>Pizza Lunch</b> Click <a href="#">here</a> to order! (also see links below)</p> <p>Start2Finish 3:30-5:30pm</p>	<p><b>Popcorn for Sale</b> \$2/bag</p> <p><b>Grade 8 year end trip</b></p> <p>BGC 3:30-5:30pm</p>		<p><b>Principal Appreciation Day</b></p> <p><b>April Assembly</b></p>

Please click [here](#) for important information on our Drop-Off & Pick-Up Procedures, Parking and Bus information and procedures.

**Save the Date!**

- April 29<sup>th</sup> – Grade 8 trip to Toronto & Coffee Connections (9-10am)
- May 1<sup>st</sup> – Monthly assembly (principal appreciation day)
- May 4<sup>th</sup> – Home & School Association meeting
- May 6<sup>th</sup> – Dress like a teacher day (teacher appreciation day)
- May 14<sup>th</sup> – Grad photo retakes
- May 18<sup>th</sup> – Victoria Day – No school
- May 29<sup>th</sup> – PD Day – No School
- June 23<sup>rd</sup> – Grade 8 Graduation (6-10p) & Report cards go home

**April**

**Positive Attitude**

- ✓ Look for the good in people and things
- ✓ Speak in a kind tone
- ✓ Be grateful
- ✓ Choose the mindset that uses the words, "I can" and "It is possible"

**Monthly Character Trait:**

This month's character trait is showing a **Positive Attitude** How are you going to show a positive attitude this month?

This month, staff will be looking for a student who shows examples of positive attitude here at East Carling. The second award will be going to a student who has shown dedication and growth in **math** this month!

**GO THUNDER!**

**THUNDER BOLT WINNERS!**

Kindergarten: Nate P.  
Primary: Kevaria F.  
Junior: Katrina N.  
Intermediate: Harley M.

You've been struck by a  
Thunder Bolt of awesomeness!  
Keep being a positive force!

Welcome to Our  
**Caregiver Coffee  
Connection**

Join us for Coffee  
to talk about

**Tips on Managing Stress and  
Mental Health Resources**



**When: Wednesday, April 29th, 2026**

**Time: 9:00 – 10:00 am**

**Where: School Library**



**DONATE** ⚡

**GRAD**

**23  
JUNE**

**THANK YOU!**

**LOOKING FOR  
GLOW STICKS**

Please support our Grade 8s by making any monetary donations towards **pizza, drinks, cake, and other graduation expenses**. Please drop off in the office.



**Home & School Association:**

April: <https://www.zeffy.com/en-CA/ticketing/march-and-april-pizza-lunch>

May & June: <https://www.zeffy.com/en-CA/ticketing/may-and-june-pizza-lunch>

**LAST CHANCE** ⌚

**Friday is the deadline to order the  
last pizza lunch for April**

**May and June ordering is NOW OPEN!**



# Community News:



**SAVE THE DATE!**

**ignite**  
SCIENCE  
RENDEZVOUS

MAY 9<sup>th</sup> 2026 | THOMPSON ARENA

Western University is hosting **Science Rendezvous 2026**, a free, family-friendly science festival designed to inspire curiosity and a love for learning among children and youth.

The event features hands-on activities, interactive demonstrations, and engaging exhibits for all ages. This year's theme, **"Ignite,"** encourages participants to explore the energy, creativity, and discovery that drive science and innovation.

Event details:

- Date: May 9, 2026
- Time: 12:00 PM – 6:00 PM
- Location: Thompson Recreation and Athletic Centre, Western University

🔗 Learn more: <https://www.sciencerendezvous-western.ca/>



**BABYSITTING**  
*basics*

**BECOME A CONFIDENT BABYSITTER!**  
1-DAY COURSE FOR YOUTH AGED 11-15

Learn about: becoming a babysitter, handling emergencies, safe play, bedtime routines, and more!

Time: 8:30am - 4:30pm  
Cost: \$75.00

London Dates: Fri May 29 (PA Day), or Fri June 26 (PA Day)  
St. Thomas Dates: Fri April 24 (PA Day), Fri May 29 (PA Day), or Fri June 26 (PA Day)  
Woodstock Dates: Fri May 29 (PA Day), or Fri June 26 (PA Day)

VIRTUAL options also available - Sat May 9, Sun May 31, Sat June 6, or Sun June 14 (must have working microphone and camera)



**HOME ALONE**

**PREPARE FOR INDEPENDENCE!**  
1-DAY COURSE FOR YOUTH AGED 10+

Learn about: phone calls and visitors, recognizing hazards, fire safety, calling 911 and more!

Time: 9:00am - 4:00pm  
Cost: \$70

London Dates: Fri June 26 (PA Day)  
St. Thomas Dates: Sat April 25  
Woodstock Dates: Summer dates to come!

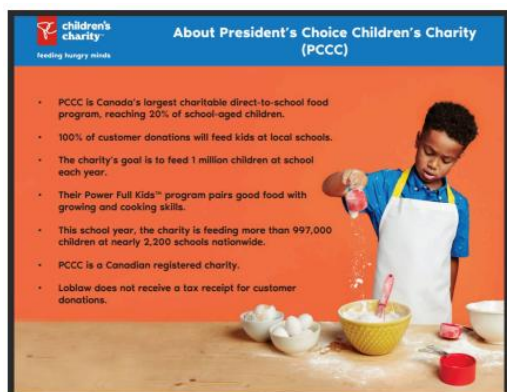
**To register call 519-432-1352 or visit [sja.ca](http://sja.ca)**

Seats fill quickly - register today!  
Courses added monthly.

St. John Ambulance



feeding hungry minds



**children's charity**  
About President's Choice Children's Charity (PCCC)

- PCCC is Canada's largest charitable direct-to-school food program, reaching 20% of school-aged children.
- 100% of customer donations will feed kids at local schools.
- The charity's goal is to feed 1 million children at school each year.
- Their Power Full Kids™ program pairs good food with growing and cooking skills.
- This school year, the charity is feeding more than 997,000 children at nearly 2,200 schools nationwide.
- PCCC is a Canadian registered charity.
- Loblaw does not receive a tax receipt for customer donations.

<https://www.pcchildrenscharity.ca/power-full-kids-at-school/>



**COUGAR SPOTLIGHT**

THERE'S MORE AT MONTCALM  
APRIL 2026

**MARCH HIGHLIGHTS:**

- SOFTBALL TEAM FORMED**  
Montcalm's first girls Softball team is formed and season begins!
- STOCK MARKET CHALLENGE**  
Our annual Stock Market Challenge where students invest and compete
- GIRLS VOLLEYBALL ALL-STAR**  
Jessica Earls represented Montcalm at the all-star game.
- OFSAA WRESTLING**  
Six of our wrestlers travelled to Peterborough to compete.
- SCHOOL PLAY**  
"Too Many Detectives at the Murder Mansion" performed by students.
- FIRST ROBOTICS COMPETITION**  
Our robotics team competed in the McMaster University Robotics comp
- BOYS BASKETBALL ALL-STAR**  
Ibrahim Ahmed and Malochai White represented Montcalm at the game.
- BADMINTON INTRAMURALS**  
Leadership students ran a badminton doubles tournament at lunch
- COUGAR CARES BAKE SALE**  
Our Cougar Cares club raised money for our upcoming Mental Health week.
- CHANGE MAKER CONFERENCE**  
montcalm students travelled to Kings University to participate in the conference.

**UPCOMING AT MONTCALM:**

- April 9: Board games night in the cafeteria
- April 10: Boys Soccer tournament at Western Uni
- April 10: Debate club officially forms
- April 14: Girls Soccer Season Opener
- April 15: Boys Soccer Season Opener
- April 16: Badminton TVRAA
- April 17: "Midday" Movies in the small gym
- April 21-23: Dodgeball Tournament
- April 23: Culture Day Block Party
- April 25-27: Ping Pong Tournament

**MEET: GHADA SMOQI**  
Grade: 11 From: Northree Public School  
**ABOUT: CROSS COUNTRY RUNNER, OFSAA WRESTLING BRONZE MEDALIST AND GIRLS SOCCER PLAYER**

How did you get involved with the Montcalm Wrestling?

"I got involved in Montcalm Wrestling because I wanted to try something new and challenge myself. I was also interested in being part of a team and meeting new people. Over time, I really started to enjoy it and became more confident in my abilities."

What is your advice for future Gr. 9s?

"The advice I would give to future grade 9s is to get involved in school activities and try new things, even if they seem a little intimidating at first. It's a great way to make friends and feel more comfortable in high school. Also, don't be afraid to ask for help when you need it."

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