



Thunder Tracks Newsletter

Monday, April 20 Day 2	Tuesday, April 21 Day 3	Wednesday, April 22 Day 4	Thursday, April 23 Day 5	Friday, PD Day NO SCHOOL
	<p>Pizza Lunch Click here to order!</p> <p>Start2Finish 3:30-5:30pm</p>	<p>Popcorn for Sale \$2/bag</p>  <p>Wear green and blue</p> <p>BGC 3:30-5:30pm</p>		<p>PD Day NO SCHOOL</p> 

Please click [here](#) for important information on our Drop-Off & Pick-Up Procedures, Parking and Bus information and procedures.

Save the Date!

- April 22nd – Earth Day (wear green and blue)
- April 24th – PD Day – No school
- April 29th – Grade 8 trip to Toronto & Coffee Connections (9-10am)
- May 14th – Grad photo retakes
- May 18th – Victoria Day – No school
- May 29th – PD Day – No School
- June 23rd – Grade 8 Graduation (6-10p) & Reports go home

April

Positive Attitude

- ✓ Look for the good in people and things
- ✓ Speak in a kind tone
- ✓ Be grateful
- ✓ Choose the mindset that uses the words, "I can" and "It is possible"

Monthly Character Trait:
 This month's character trait is showing a **Positive Attitude**. How are you going to show a positive attitude this month?

This month, staff will be looking for a student who shows examples of positive attitude here at East Carling. The second award will be going to a student who has shown dedication and growth in **math** this month!

GO THUNDER!



THUNDER BOLT WINNERS!

Kindergarten: Owen L.
 Primary: Jaxson B.
 Junior: Redeemed N.
 Intermediate: Jooli A-Z.

You've been struck by a
 Thunder Bolt of awesomeness!
 Keep being a positive force!

Welcome to Our Caregiver Coffee Connection

Join us for Coffee
to talk about

Tips on Managing Stress and Mental Health Resources



When: Wednesday, April 29th, 2026

Time: 9:00 – 10:00 am

Where: School Library



DONATE ⚡

GRAD

23
JUNE

THANK YOU!

LOOKING FOR
GLOW STICKS

Please support our Grade 8s by making any monetary donations towards **pizza, drinks, cake, and other graduation expenses**. Please drop off in the office.



Home & School Association:

<https://www.zeffy.com/en-CA/ticketing/march-and-april-pizza-lunch>

March & April
Pizza lunch

Order Now

CLICK LINK ABOVE

Thank You!

To the Huron and Highbury Harvey's location, and all the families who participated in the fundraiser last night to raise funds for our Grade 8's graduation!

We raised
\$310.88!!

The graduating class is seeking sponsors to support their graduation –please send us a private message if you're able to help.

Community News:



5th year
Saturday APRIL 25
11 AM - 4 PM
CENTRAL LIBRARY | CITI PLAZA
FREE

EARTH FEST LONDON

- ★ 80+ VENDORS & EXHIBITORS
- ★ INTERACTIVE EXHIBITS
- ★ ARTISTS & ACTIVITIES

★ ReForest London Tree Giveaway
 ★ Water Ceremony - Tracey Whiteye
 ★ Free Indoor Bike Valet

★ BIINAAGAMI Giant Floor Map
 ★ Face Painting - All Things Bronnagh
 ★ Kid Zone - Children's Museum, Growing Chefs, Let's Talk Science
 ★ Complete the Scavenger Hunt Passport to win a prize

SALTHAVEN WILDLIFE AMBASSADORS
BUBBLELOGY SHOW
EAGLE FLIGHT SINGERS

CELEBRATING ENVIRONMENTAL ACTION IN LONDON
 IN COLLABORATION WITH N'AMERIND FRIENDSHIP CENTRE

THANKS TO OUR SPONSORS: London, BLUESTONE, CORNERSTONE, Convertus, TRY, LONDON COMMUNITY FOUNDATION, LERNERS, ALLEGRA, London Hydro

OUR PARTNERS: CLIMATE ACTION LONDON, London Public Library, UPPER THAMES RIVER, London Environmental Network, CROWN ECONOMY, THAMES REGION

www.earthfestlondon.ca info@earthfestlondon.ca
 @earthfest_london @earthfestlondon.bsky.social @earthfestlondon



BABYSITTING
basics
BECOME A CONFIDENT BABYSITTER!
1-DAY COURSE FOR YOUTH AGED 11-15

Learn about: becoming a babysitter, handling emergencies, safe play, bedtime routines, and more!

Time: 8:30am - 4:30pm
 Cost: \$75.00

London Dates: Fri May 29 (PA Day), or Fri June 26 (PA Day)
 St. Thomas Dates: Fri April 24 (PA Day), Fri May 29 (PA Day), or Fri June 26 (PA Day)
 Woodstock Dates: Fri May 29 (PA Day), or Fri June 26 (PA Day)

VIRTUAL options also available - Sat May 9, Sun May 31, Sat June 6, or Sun June 14 (must have working microphone and camera)



HOME ALONE
PREPARE FOR INDEPENDENCE!
1-DAY COURSE FOR YOUTH AGED 10+

Learn about: phone calls and visitors, recognizing hazards, fire safety, calling 911 and more!

Time: 9:00am - 4:00pm
 Cost: \$70

London Dates: Fri June 26 (PA Day)
 St. Thomas Dates: Sat April 25
 Woodstock Dates: Summer dates to come!

To register call 519-432-1352 or visit sja.ca

Seats fill quickly - register today!
 Courses added monthly.

St. John Ambulance



PA DAY CAMP  **London**
Friday April 24 2026
TIME TRAVEL DAY

- **All Stars (ages 6-12)**
Ancient Civilizations
- **Camp-a-saurus (ages 4-5)**
Dinosaurs Before Dark
- **Creative Arts (ages 6-9)**
The Knight at Dawn
- **Kamp i direct (ages 6-12)**
Pirates Past Noon
- **Super skills (ages 6-9)**
Ghost Town at Sundown
 • Embold confidence and foster friendships to work towards a common goal
- **Game (ages 9-13)**
Fast Forward Future
- **Stepping stones (ages 11-14)**
Viking Ships at Sunrise
 • Build friendships, discover confidence & master new skills
- **Ilderton (ages 4-12)**
@13168 Ilderton Rd
Spring Into Action

Cost: \$60 for members | \$65 for non-members

To Register and See Daily Schedules:
bgclondon.ca/camp
 More Information:
 519-434-9114 or info@bgclondon.ca
 184 Horton Street, London ON N6B 1K8



Virtual Urgent Care
 is here for you and your family

- Paediatric and adult appointments available
- Book a same or next day appointment with a nurse practitioner at UrgentCareOntario.ca or by calling 1-844-227-3844
- All you need is an Ontario Health Card, email address and access to a device connected to the internet

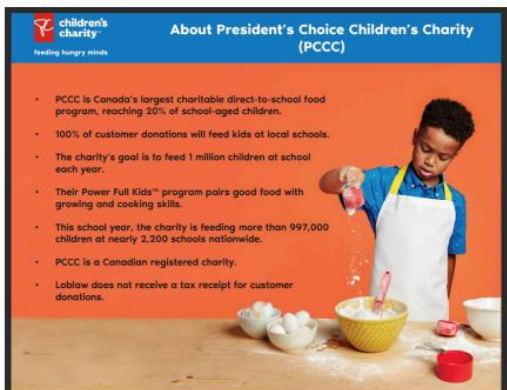
Services provided across Ontario by:
 Thames Valley Family Health Team | St. Joseph's Healthcare Hamilton

Virtual Urgent Care: a free Ontario Health service for you and your family

Did you know - Southwestern Ontario residents have access to free virtual urgent care?

If you have an Ontario Health Card, you can access **free** online urgent care appointments with a nurse practitioner. Both adult and children's **same-day and next day appointments** are available. Virtual urgent care might be appropriate for you or a family member if you have a medical issue that is **NOT life-threatening but requires urgent medical attention** and you're unable to access timely care through a primary care provider. Examples of appropriate medical issues can be found on the website.

Booking is available online at UrgentCareOntario.ca or by calling 1-877-620-5627.

About President's Choice Children's Charity (PCCC)

- PCCC is Canada's largest charitable direct-to-school food program, reaching 20% of school-aged children.
- 100% of customer donations will feed kids at local schools.
- The charity's goal is to feed 1 million children at school each year.
- Their Power Full Kids™ program pairs good food with growing and cooking skills.
- This school year, the charity is feeding more than 997,000 children at nearly 2,200 schools nationwide.
- PCCC is a Canadian registered charity.
- Loblaw does not receive a tax receipt for customer donations.

<https://www.pcchildrenscharity.ca/power-full-kids-at-school/>