





Thunder Tracks Newsletter

Monday, March 30 Day 9	Tuesday, March 31 Day 10	Wednesday, April 1 Day 1	Thursday, April 2 Day 2	Friday, April 3 No School
<p>Last day to order Krispy Kreme Doughnuts! (see order link below)</p>	<p>Pizza Lunch Click here to order!</p>  <p>Start2Finish 3:30-5:30pm</p>	<p>Popcorn for Sale \$2/bag</p> <p>BGC 3:30-5:30pm</p>	<p>March Assembly (9:30-10:30am)</p>	<p>Good Friday No School</p> 

Important Info

Drop-Off & Pick-Up Procedures:

Drop-Off

- The drop-off zone for "kiss and ride" is located in the parking lot. Please do not park in this area.
- Cars can drop off their children, but you cannot park your car or get out of your car while doing so. The expectation is when you are circling around, you may let your child out near the entrance to the yard, but you must stay in the car.
- If your child needs assistance into the yard, please park on a side street and walk them to the yard. Cars cannot be parked at any time, and we must continue the flow of traffic safely.
- If you are walking your child(ren) into the schoolyard please note there is no supervision on the yard (or in the school) before 8:45am. If your child arrives before 8:45 they must be supervised by a parent/guardian. Climbers are closed for the season.

*If your student(s) arrives after 9am please use the main entrance of the school and check-in at the office. **The gates in the kindergarten yard are closed and locked at 9am and must remain locked for the safety of the students.**

Pick-Up

- Kiss and ride IS NOT available after school as the parking lot is closed for school bus transportation.
- Please meet your child(ren) in the schoolyard at 3:30pm.

*We understand that sometimes situations come up where parents/guardians need to sign out their children early, however, unless necessary we ask that you wait until school is dismissed at 3:30pm. Early sign-outs are very disruptive for the class and interrupts the students learning time. **Please note we will no longer be allowing sign-outs after 3:15pm.**

Parking

The school parking lot is for staff only. If you are parking to bring your child(ren) into the schoolyard, you will need to park on Glasgow St (NOT in the bus zone in front of the school yard) or on Piccadilly St. or other available side streets. Parking enforcement comes by regularly, please follow parking signage.

Bus Information and Procedures:

- If your child rides the bus, please review safety rules:
 - Walk to your seat & Remain seated when the bus is moving
 - No eating on the bus
 - Be respectful to all riders on the bus and in the community
- Kindergarten students will be taken to the bus by an educator at the end of the day.
- For bus information please visit the My Big Yellow Bus website, mybigyellowbus
- It is essential that you be on time for the bus, and if you have a primary student, you must meet them when they get off the bus.

Thank you, Susanne Young, Principal, & Shane Riley, Vice-Principal

Save the Date!

April 3rd – No school (Good Friday)

April 6th – No school (Easter Monday)

April 8th – Grade 8 Graduation Photos

April 13th – School Council (5-6p) Home & School (6-7p)

April 24th – PD Day – No school

April 29th – Grade 8 Trip to Toronto & Coffee Connections (9-10am)

June 23 – Grade 8 Graduation (6-10p) & Reports go home



Now that the nice weather is returning, YAY!, we'd like to remind students that there are **NO CLEATS** allowed at school. They are not safe in the School/halls and they rip up the grass on the school yard.

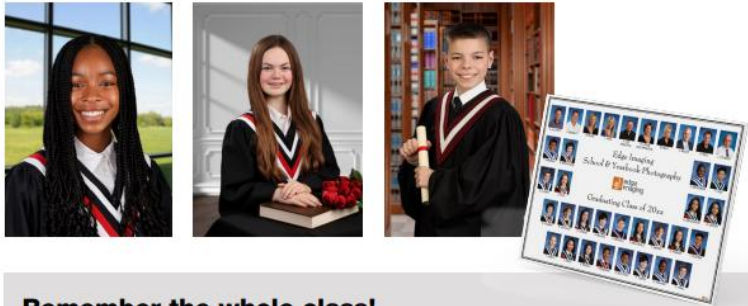


MILESTONE PHOTOS

April 8, 2026

Take the next step of your school journey in style.

- A white collared shirt with an optional necktie creates a classic look, but we recommend wearing whatever makes you feel great and reflects your unique style! We will provide gowns and props on photo day to complete your look.
- Your photographer will capture 4 photos, and a selection of over 200 backgrounds will be available to you once proofs arrive.
- Your proof should arrive approximately two weeks after your shoot.
- For more photo days tips, go to: edgeimaging.ca/en/photo-day-tips



Remember the whole class!

Make sure to purchase your Class Composite today! This perfect keepsake will arrive by the end of the school year, preserving your class memories for years to come.

THUNDER BOLT WINNERS!

Kindergarten: Lennox M.
 Primary: Iris J.
 Junior: Luna A.
 Intermediate: Journey C.

You've been struck by a Thunder Bolt of awesomeness!
 Keep being a positive force!

April

Positive Attitude

✓ Look for the good in people and things

✓ Speak in a kind tone

✓ Be grateful

✓ Choose the mindset that uses the words, "I can" and "It is possible"

Monthly Character Trait:

This month's character trait is showing a **Positive Attitude** How are you going to show a positive attitude this month?

This month, staff will be looking for a student who shows examples of positive attitude here at East Carling. The second award will be going to a student who has shown dedication and growth in **math** this month!

GO THUNDER!



Connecting and Learning Together: An Evening for Parents and Caregivers of Children with Autism Spectrum Disorder

Parents and caregivers of children with Autism Spectrum Disorder (ASD) are invited to attend an informative and welcoming evening focused on learning and connection.

During this event, parents and caregiver will:

- Learn about TVDSB programs, resources, and supports for students with ASD
- Hear from community partners who provide services for children with ASD and their families
- Ask questions and connect with other parents and caregivers

Event Details

Date: Thursday, April 9, 2026

Time: 5:30 – 8:00 p.m.

Location: TVDSB Education Centre, Thames Room
 1250 Dundas Street, London

A light snack and refreshment will be provided



Registration is required. Space is limited. To allow as many families as possible to attend, we kindly ask that no more than two adults per household register. Please note that childcare is not available for this event. For more information and to register, please scan the QR code.



Popcorn Sale!

BUTTER SALT • DILL PICKLE • WHITE CHEDDAR • SALT & VINEGAR

\$2/BAG | SUPPORT GRADE 8 GRAD TRIP | **EAST CARLING**

WEDNESDAY'S DURING FIRST BREAK
PRE-ORDER AVAILABLE ON SCHOOL CASH ONLINE FOR \$2.05 PER BAG

CAREER DISCOVERY EXPO

#DREAMBIGLONDON

Explore exciting career opportunities at #DreamBigLondon! Meet top employers, try hands-on activities, and capture memories at our photo booth. Hear inspiring stories from women in diverse career paths and discover what's possible for your future. Enjoy prizes, swag, delicious food, and an experience that could change your career journey. Don't miss out-your dream career starts here!

IN PARTNERSHIP WITH:

DREAM MAKER PANEL SPONSOR:
SPARKPOWER

OUR SPONSORS:

PRESENTED BY: OYAP ONTARIO YOUTH APPRENTICESHIP PROGRAM | BUILD A DREAM

WEDNESDAY
APRIL 8TH, 2026

START AT
5:00pm - 8:00pm

J-AAR Expo Centre
845 Florence St
London, Ontario N5W 3V9

REGISTER HERE!

Reminder:
WHILE THIS EVENT IS DIRECTED TOWARD FEMALE STUDENTS, ALL GRADE 7-12 STUDENTS MAY ATTEND AND THEIR PARENTS/GUARDIANS. ADVANCED REGISTRATION IS REQUIRED.

For ease of access, here is the registration link from the QR code on the poster:
<https://www.webuildadream.com/event/dreambiglondon-career-discovery-expo/>

March & April Pizza lunch

Order Now
CLICK LINK ABOVE

<https://www.zeffy.com/en-CA/ticketing/march-and-april-pizza-lunch>

KRISPY KREME FUNDRAISER!

PICKUP: APRIL 7TH
3-4:30PM

AVAILABLE TO ORDER NOW ON ZEFFY!

\$15/DOZEN

WHEN PLACING A ZEFFY ORDER YOU DO NOT NEED TO MAKE A DONATION. SIMPLY CLICK THE OTHER AMOUNT AND PUT A '0'

LAST DAY TO ORDER: MARCH 30TH @ MIDNIGHT

<https://www.zeffy.com/en-CA/ticketing/krispy-kreme-doughnuts-7>

Is your child up-to-date with their immunizations?

- It is the parent or legal guardian's responsibility to submit immunization records for all children and students attending licensed child care or school in Ontario.
- To upload your immunization records directly to the Middlesex-London Health Unit, please scan this code and follow the instructions.
- Please ensure the entire record is captured in your picture, including the child's full name and birthdate. You can upload a record that has more than one page.
- Records can also be mailed, faxed to 519-663-0416 or dropped off at the CitiPlaza office location in London. Please choose just one method to submit records
- To speak to a public health nurse, please call 519-663-5317

London Office: 110-355 Wellington St. (Citi Plaza)

BUREAU DE SANTÉ DE MIDDLESEX-LONDON HEALTH UNIT
www.healthunit.com

March Family and Caregiver Bullying Prevention and Awareness:

Building Positive Relationships:

The By My Side resources support families and caregivers in modelling positive relationships and healthy conflict management. By demonstrating empathy, communication, and problem-solving, adults help children build strong social-emotional skills. These tools offer simple strategies to guide children in navigating challenges and fostering meaningful, respectful connections.

Restorative Practices at Home:

Using restorative practices at home can help everyone get along better. These ideas can make relationships stronger with family and friends. Asking kind questions helps us understand how someone feels and what they think. It also helps people fix problems in a fair way. When we use these questions at school and at home, our community becomes stronger. Using feeling words helps us say what we feel and what we need. Naming our feelings gives us more words to use and helps us act calmly. It also helps us see how our actions affect others.

<https://register.londontraining.on.ca/courses/babysitting/>

BABYSITTER COURSE
APRIL 6TH 9-4

Includes:

- Babysitter Manual
- Pizza Lunch and Drink

o Online Registration available @ londontraining.on.ca or call 519-685-4331

\$70

Do you want to stay Home Alone?

Home Alone & Stranger Safety

"A new way to learn!"
A fun and interactive course for youth aged 8-11 years of age

London	Friday, March 20th, 2026	9am-3pm	MARCH BREAK
London	Friday, April 24th, 2026	9am-3pm	PA DAY
Strathroy	Saturday, April 25th, 2026	10am-4pm	
Woodstock	Friday, May 29th, 2026	9am-3pm	PA DAY
London	Friday, May 29th, 2026	9am-3pm	PA DAY

Space is Limited - You must Pre-Register - Choose 1 Date

THE ONLY FULL DAY, FULL FUN and EFFECTIVE HOME ALONE COURSE available!
Courses are taught by Certified Instructors. Students learn, and will be able to demonstrate:

- Communication skills to support family safety**
Honesty, limitations, your Home Safe route and Home Alone agreement
- Prevention techniques to avoid dangerous situations**
Household fires and accidents, injuries, stranger dangers and street smarts
- Safety skills by interactive training, hands on practice and coaching**
Identify strangers and risks, door, phone and kitchen safety & beginner First Aid
- Responsibility and building maturity to stay Home Alone**
Home Safe messages, Home Alone productivity, house rules and schedule
- Confidence to handle unexpected dangers or emergencies**
With strangers and situations, how to call 911, the power of NO and keeping self SAFE!

Register Online: www.varisafe.ca

Course locations, FAQ and more available online 24/7

Upon registration, you will receive a confirmation email including all course details such as: location & directions and what to bring. **Course cost: \$75.00 plus HST**

Participants will receive a **Certificate of Completion** and **Guide Book** including **First Aid**. Questions? Email us: info@varisafe.ca



Babysitting Course!

WHEN: PA Day, Friday, April 24, 2026.
WHERE: Trinity Place, 570 Gainsborough Rd, London.
TIME: 9:00 a.m. to 4:00 p.m.
FEE: \$65.00 tax included
CONTACT: 519-858-0382
vantagefirstaid@rogers.com
www.vantagefirstaid.com



Learn how to take care of yourself and others - **register now for the Red Cross Babysitting Course!**

+ Babysitters Training

"A new way to learn!" A SAFE, FUN and EFFECTIVE course for youth aged 10-14

London	Friday, March 20th, 2026	9am-3pm	MARCH BREAK
London	Friday, April 24th, 2026	9am-3pm	PA DAY
Strathroy	Saturday, May 30th, 2026	10am-4pm	
Woodstock	Friday, June 26th, 2026	9am-3pm	PA DAY
London	Friday, July 10th, 2026	9am-3pm	SUMMER BREAK

Space is Limited - You must Pre-Register - Choose 1 Date

Courses are taught by Certified Instructors and teaches:

- Getting your first job safely** Interview tips, resume and prep skills to impress!
- Keep others SAFE** while in your care and control, understanding babysitter responsibilities and specific care and requirements for children of all ages.
- Advanced First Aid** including airway management, choking/obstruction and rescue breathing in addition to common injuries and illnesses.
- Emergency Readiness** and response to critical situations such as: Fire Safety, Kitchen Safety, poisons, staying calm and proper use of 911/EMS
- Having Fun!** Creative games, ideas and helpful tips to make you a great sitter!
- Instructor Led Training** on feeding, bathing and changing infants etc..

Enroll in the most **TRUSTED, SAFE and EFFECTIVE** Babysitters Course today!

Register Online: www.varisafe.ca

Course locations, FAQ and more available online 24/7

Upon registration, you will receive a confirmation email including all course details such as: **course location & directions** and what to bring to the course. **Course cost: \$75.00 plus HST.**

Participants will receive a **Wallet Certification Card** and **Babysitters Training Manual**, with **First Aid**. Questions? info@varisafe.ca