



Thunder Tracks Newsletter

Monday, February 23 Day 9	Tuesday, February 24 Day 10	Wednesday, February 25 Day 1	Thursday, February 26 Day 2	Friday, February 27 Day 3
MLHU Dental Screening	Pizza Lunch Click here to order! LIT PROGRAM 3:30-4:30pm Start2Finish 3:30-5:30pm	Popcorn for Sale PINK Shirt Day for Kindness/Anti-Bullying BGC 3:30-5:30pm		Month end Assembly (9:30am)

Important Info

Drop-Off & Pick-Up Procedures:

Drop-Off

- The drop-off zone for "kiss and ride" is located in the parking lot. Please do not park in this area.
- Cars can drop off their children, but you cannot park your car or get out of your car while doing so. The expectation is when you are circling around, you may let your child out near the entrance to the yard, but you must stay in the car.
- If your child needs assistance into the yard, please park on a side street and walk them to the yard. Cars cannot be parked at any time, and we must continue the flow of traffic safely.
- If you are walking your child(ren) into the schoolyard please note there is no supervision on the yard (or in the school) before 8:45am. If your child arrives before 8:45 they must be supervised by a parent/guardian. Climbers are closed for the season.

Pick-Up

- Kiss and ride IS NOT available after school as the parking lot is closed for school bus transportation.
- Please meet your child(ren) in the schoolyard at 3:30pm.

Parking

The school parking lot is for staff only. If you are parking to bring your child(ren) into the schoolyard, you will need to park on Glasgow St (NOT in the bus zone in front of the school yard) or on Piccadilly St. or other available side streets. Parking enforcement comes by regularly, please follow parking signage.

Bus Information and Procedures:

- If your child rides the bus, please review safety rules:
 - Walk to your seat & Remain seated when the bus is moving
 - No eating on the bus
 - Be respectful to all riders on the bus and in the community
- Kindergarten students will be taken to the bus by an educator at the end of the day.
- For bus information please visit the My Big Yellow Bus website, mybigyellowbus
- It is essential that you be on time for the bus, and if you have a primary student, you must meet them when they get off the bus.

*If your student(s) arrives after 9am please use the main entrance of the school and check-in at the office. **The gates in the kindergarten yard are closed and locked at 9am and must remain locked for the safety of the students.**

*We understand that sometimes situations come up where parents/guardians need to sign out their children early, however, unless necessary we ask that you wait until school is dismissed at 3:30pm. Early sign-outs are very disruptive for the class and interrupts the students learning time. **Please note we will no longer be allowing sign-outs after 3:15pm.**

Thank you, Susanne Young, Principal, & Shane Riley, Vice-Principal

Save the Date!

- March 2nd- Home & School meeting 6-7pm
- March 9th – Little Ceasars pizza kit delivery day
- March 11th – Coffee Connection
- March 12th – Hot Dog Lunch Day
- March 13th – Spirit Day – Wear **GREEN** for St. Patty's Day
- March 16th - 20th – **MARCH BREAK! NO SCHOOL!**



Congratulations to both our boys and girls volleyball teams (and coaches) on a Thunderific season!



EQAO Family Sessions:



Mar 4, 2026, 12:00 PM

EQAO Literacy Session for Families: Focus on Reading

Join EQAO for a free live webinar about how EQAO assesses students' reading skills at key stages of their education. EQAO staff will discuss reading samples and questions from the Primary & Junior Reading Assessments, and the Ontario Secondary School Literacy Test. Participants will hear how these reading passages and questions help assess the skills students are learning in class. Staff will also highlight valuable insights and resources that can help parents and caregivers support their child's learning.

https://eqao.zoom.us/webinar/register/WN_d5doLU_HSVad0Jmb_V7skQ

Mar 25, 2026, 12:00 PM

EQAO Literacy Session for Families: Focus on Writing

Join EQAO for a free live webinar about how EQAO assesses students' writing skills at key stages of their education. EQAO staff will discuss writing prompts and questions from the reading component of the primary- and junior-division assessments and from the Ontario Secondary School Literacy Test. Participants will hear how these prompts and questions help assess the skills students are learning in class. Staff will also highlight valuable insights and resources that can help parents and guardians support their child's learning.

https://eqao.zoom.us/webinar/register/WN_F3XF343SQve5ZGR6fEfLoA

February

Friendship

- ✓ Caring about others
- ✓ Positive relationships
- ✓ Standing up for what's right
- ✓ Respecting Differences

Monthly Character Trait:

This month's character trait is **Friendship**. How are you going to show friendship this month?

This month, staff will be looking for a student who shows examples of adaptability here at East Carling. The second award will be going to a student who has shown dedication and growth in **math** this month!

GO THUNDER!

Popcorn Sale!

white cheddar
cheddar blanc

butter and salt
DUITRE
DUITRE

dill pickle
cornjobon
dill pickle

salt & vinegar
sel et vinaigre

BUTTER SALT • DILL PICKLE • WHITE CHEDDAR • SALT & VINEGAR

\$2/BAG | SUPPORT GRADE 8 GRAD TRIP | EAST CARLING

WEDNESDAY'S DURING FIRST BREAK
PRE-ORDER AVAILABLE ON SCHOOL CASH ONLINE FOR \$2.05 PER BAG

ECHSA

HOT DOG Lunch Day!

MARCH 12TH

Hot Dogs – \$3 each or 2 for \$5

Chips – \$1ea

Juice – \$1ea

Order by March 6th

Order online here: **\$1ea**

www.zeffy.com/en-CA/ticketing/hotdog-lunch-march-12th

<https://www.zeffy.com/en-CA/ticketing/march-and-april-pizza-lunch>

March & April Pizza lunch

Order Now
CLICK LINK ABOVE

THE APPRENTICESHIP PATHWAY AT TVDSB

Parent Information Evening with Dr. Jon Callegher

Tuesday, March 10, 2026
7:00-8:30 PM

Location: Saunders Secondary School Auditorium
(941 Viscount Road)

Dr. Jon Callegher is an author, researcher, and an expert in the Skilled Trades industry. If your child is considering the Apprenticeship Pathway, this is an event not to be missed!

Register Online Here

OYAP
ONTARIO YOUTH APPRENTICESHIP PROGRAM

Ontario

Thames Valley
District School Board

• Registration is required for this event

Columbia
Sportswear Company
EMPLOYEE STORE

ANNUAL WINTER SALE

ON NOW

UP TO 70% OFF
RETAIL PRICING

East Carling Public School
EXCLUSIVE INVITE TO SHOP THE EMPLOYEE STORE

FEBRUARY 13 - MARCH 8
BRING THIS PASS + PROOF OF AFFILIATION + UP TO 4 GUESTS

London, ON
1-1425 Max Brose Dr
MON-FRI: 10A - 8P
SAT: 9:30A - 6P SUN: 10A - 5P
londonemployeestore@columbia.com

TERMS AND CONDITIONS

Since 1993

Soccer Day Camps

...more than just a soccer camp!



Early Deals, Big Savings, Ends March 31, 2026

- ✓ July & August weeks
- ✓ Ages 5 to 13

- ✓ Morning & Full Day sessions
- ✓ Before & After Care available

For more information:
royalsoccer.com
800-427-0536

Mornings starting from \$165/week
Full Days starting from \$249/week
* Limited time, discounts vary, see website
Additional discounts for week 1 & 6 (4 day weeks)

For location & registration details visit our website.

COUGAR SPOTLIGHT

THERE'S MORE AT MONTCALM
FEB. 2026

JANUARY HIGHLIGHTS:

- CLASH ROYALE TOURNAMENT**
Dozens of students competed in the arenas of Clash Royale for this student organized tournament
- STAFF VS STUDENTS VOLLEYBALL**
The winning team of the 5v5 tournament challenged the staff volleyball team
- MOVIE WATCHALONG**
Health Movie played in the library for all to watch
- FIRST SEMESTER FINAL EXAMS**
Final Exams and summatives are here for first semester students at Montcalm

- 5V5 VOLLEYBALL GAMES**
Teams of students faced off in a competitive Volleyball tournament
- ELEMENTARY SCHOOL HOCKEY CONTINUES**
Montcalm students continued to run fun hockey lessons for our local elementary school students
- TYRAA SWIMMING**
Our swim team competed against several other TVDSB schools to earn a spot at WOSSAA



Wellness Movie in the Library



5v5 Volleyball Tournament Action



MEET: MICHAEL TJOELKER

Grade: 12 From: East Carling Public School

ABOUT: MONTCALM SR. FOOTBALL PLAYER, LINEMAN, AND FIRST TEAM ALLSTAR

How did you get involved with the Montcalm Football?
"I transferred to Montcalm at the start of grade 11 and joined the football team. I had already played 2 years of high school football before at Central. I played for Montcalm for 3 years, each year I was a starter. I peaked this year becoming a first team all star and nominated as the lineman for the award. I was nominated by all the coaches in the league. I was also a captain on the team and captained the O-line this year."


What is your advice for upcoming Gr. 9s?
"Show up to school, you'll regret it if you don't. You may think otherwise, but your grades will drop if you don't show up, you'll miss key lessons and catching up online isn't the same as an in person lesson. I'm not saying you have to have perfect attendance and grades, but try to limit your absences. Bad marks early on in your high school career set a much harder pathway for yourself."

UPCOMING AT MONTCALM:

- Feb 4th: Boys Basketball Playoffs
- Feb 5th: Girls Volleyball Playoffs
- Feb 11th: WOSSAA Swimming Tournament
- Feb 13th: TVRAA Wrestling Tournament
- Feb 13th: Valentine's Day Candy Grams
- Feb 13th: Library Book Giveaway!
- Feb 13th: Author Samantha Joyce Visits
- Feb 20th: WOSSAA Wrestling Tournament
- Feb 20th: Course Selection Due date
- Feb 26th: Black History Month Assembly


 montcalm@tvdsb.ca MONTCALM SECONDARY 1350 Highbury Ave. North 519-452-2730

Do you want to stay Home Alone?




Home Alone & Stranger Safety
"A new way to learn!"
A fun and interactive course for youth aged 8-11 years of age

London	Friday, March 20th, 2026	9am-3pm	MARCH BREAK
London	Friday, April 24th, 2026	9am-3pm	PA DAY
Strathroy	Saturday, April 25th, 2026	10am-4pm	
Woodstock	Friday, May 29th, 2026	9am-3pm	PA DAY
London	Friday, May 29th, 2026	9am-3pm	PA DAY

Space is Limited - You must Pre-Register - Choose 1 Date

THE ONLY FULL DAY, FULL FUN and EFFECTIVE HOME ALONE COURSE available! Courses are taught by Certified Instructors. Students learn, and will be able to demonstrate:

- Communication** skills to support family safety
Honesty, limitations, your Home Safe route and Home Alone agreement
- Prevention** techniques to avoid dangerous situations
Household fires and accidents, injuries, stranger dangers and street smarts
- Safety skills** by interactive training, hands on practice and coaching
Identify strangers and risks, door, phone and kitchen safety & beginner First Aid
- Responsibility** and building maturity to stay Home Alone
Home Safe messages, Home Alone productivity, house rules and schedule
- Confidence** to handle unexpected dangers or emergencies
With strangers and situations, how to call 911, the power of NO and keeping self SAFE!

Register Online: www.varisafe.ca 

Upon registration, you will receive a confirmation email including all course details such as: location & directions and what to bring. **Course cost:** \$75.00 plus HST
Participants will receive a **Certificate of Completion** and **Guide Book** including First Aid. Questions? Email us: info@varisafe.ca



Babysitters Training

"A new way to learn!" A SAFE, FUN and EFFECTIVE course for youth aged 10-14

London	Friday, March 20th, 2026	9am-3pm	MARCH BREAK
London	Friday, April 24th, 2026	9am-3pm	PA DAY
Strathroy	Saturday, May 30th, 2026	10am-4pm	
Woodstock	Friday, June 26th, 2026	9am-3pm	PA DAY
London	Friday, July 10th, 2026	9am-3pm	SUMMER BREAK

Space is Limited - You must Pre-Register - Choose 1 Date

Courses are taught by Certified Instructors and teaches:

- Getting your first job safely** Interview tips, resume and prep skills to impress!
- Keep others SAFE** while in your care and control, understanding babysitter responsibilities and specific care and requirements for children of all ages.
- Advanced First Aid** including airway management, choking/obstruction and rescue breathing in addition to common injuries and illnesses.
- Emergency Readiness** and response to critical situations such as: Fire Safety, Kitchen Safety, poisons, staying calm and proper use of 911/EMS
- Having Fun!** Creative games, ideas and helpful tips to make you a great sitter!
- Instructor Led Training** on feeding, bathing and changing infants etc.

Enroll in the most TRUSTED, SAFE and EFFECTIVE Babysitters Course today!

Register Online: www.varisafe.ca 

Upon registration, you will receive a confirmation email including all course details such as: **course location & directions** and what to bring to the course. **Course cost:** \$75.00 plus HST.
Participants will receive a **Wallet Certification Card** and **Babysitters Training Manual**, with First Aid. Questions? info@varisafe.ca