

Coming up at East Carling!

**DECEMBER
WEEK OF
SPIRIT DAYS!**

**Monday
Dec. 15th Red & Green Day!**

**Tuesday
Dec. 16th Holiday Sock Day!**

**Wednesday
Dec. 17th Holiday Sweater Day!**

**Thursday
Dec. 18th Pajama Day!**

**Friday
Dec. 19th Wear it ALL Day!**
(Wear red, green, sweater, socks & pj's.)

The Salvation Army
London Community Services

2025 Christmas Assistance Program

Online application will be open November 3rd - November 30th, or until all appointments have been filled.

To Apply:
www.londoncs.ca/christmas

Be sure to book your pick-up appointment at the time of application.
Pick up dates: December 12 and 15-19.
Pick Up Location: J-AAR Expo Centre at the Western Fair District - 845 Florence Street, London (formerly known as the Agriplex)

Our priority is to support London and area families with children aged 0-12 who receive OW or ODSP or seniors (55+) on a fixed income. Any applicant applying for toys who is not on OW/ODSP or living within a fixed income will be required to meet with a member of our team to determine if you qualify for our program.

If you require assistance with your application, please call or email AFTER NOVEMBER 3rd to book an in-person appointment with one of our team members.
Call 519-660-5884 Monday - Friday between 9:30am-3:00pm, or email londonchristmasassistance@salvationarmy.ca

Columbia Employee Store Shopping Invitation!

East Carling families and staff have been offered another invitation to the Columbia Employee Store.

Valid November 14th to December 7th for you +4 guests. Present this newsletter at the store, showing the invitation and the proof of affiliation to gain entrance.

THUNDER

EAST CARLING PUBLIC SCHOOL

PROOF OF AFFILIATION 2025/2026

issued from East Carling Home & School Assoc.

Columbia
Sportswear Company
EMPLOYEE STORE

Columbia SOREL MOUNTAIN HARD WEAR PRANA

GOLDEN
TICKET

10% OFF YOUR ENTIRE
PURCHASE
PLUS 50% OFF SELECT STYLES

GOLDEN TICKET PROMOTION IN ADDITION TO EMPLOYEE STORE PRICES

East Carling Public School
EXCLUSIVE INVITE TO SHOP THE EMPLOYEE STORE

NOVEMBER 14-DECEMBER 7
BRING THIS PASS + PROOF OF
AFFILIATION + UP TO 4 GUESTS

London, ON
3-1425 Hux Brosse Dr
MON-FRI: 9A - 6P
SAT: 9:30A - 6P; SUN: 10A - 5P
londonemployeestore@columbia.com

Calling all creative teens!

Explore art, history, and contemporary culture while connecting with peers and professionals in the arts by joining Museum London's Youth Collective.

Why join?

- Get involved in your community
- Make new friends
- Earn volunteer hours
- Build your resume with real-world experience
- Meet artists and cultural professionals
- Grow your creativity, teamwork, and leadership skills

Learn more & apply at museumlondon.ca/youth
Applications due December 19



COUGAR SPOTLIGHT

THERE'S MORE
AT MONTCALM
NOVEMBER 2025



OCTOBER HIGHLIGHTS

- | | |
|---|--|
| <p>UNITED IN SPORT DAY!
We celebrated all our amazing Fall athletes and sports team</p> | <p>SPIRIT WEEK
Fun daily dress themes for students to participate in</p> |
| <p>AVIATION AIRPLANE
TVDSB aviation and Montcalm tech students unveil rebuilt airplane</p> | <p>RC CAR RACE
Montcalm's RC Car Club competed against other schools</p> |
| <p>GR. 9 FUN DAY
Gr. 9 community building through fun games and spirit competition</p> | <p>HALLOWEEN BOOK DRAW
Sign out a book, enter a draw, maybe win some chocolate, what's not to love?</p> |
| <p>WESTERN SCIENCE LECTURE
Montcalm students participated in a Careers in Science panel discussion</p> | <p>COSTUME CONTEST
Montcalm's Spirit week capped off with a halloween costume contest</p> |
| <p>PASTA DAY
Delicious pasta made and served by our Work Experience students</p> | <p>PUMPKIN DECORATING CONTEST
Homeroom classes competed to make the most spooky and creative pumpkins</p> |



MEET: MARK LUBRIO

Grade: 9 From: East Carling Public School

ABOUT: MEMBER OF THE JR. BOYS VOLLEYBALL TEAM, 7-1 REGULAR SEASON RECORD, HEADING TO SEMI FINALS.

How did you get involved in Montcalm Volleyball

"I've been playing volleyball for 3 years, I started playing when I was in grade 6, I joined the Montcalm volleyball team because I wanted to learn and experience how competitive it is and how fun it is to be part of the team"

What is your advice to soon to be grade 9 students?

"My advice is just to always be a part of any club or join any extra curricular activities, find good friends and always keep at what you're doing, keep chasing your dreams/goals. Highschool is really fun."

UPCOMING AT MONTCALM:

- Nov 3rd: Winter Sports Start (Boys Basketball, Girls Volleyball, Swim Team, Hockey and Wrestling)
- Nov 10th-21st: Gr. 8 Visits at Montcalm
- Nov 14th: "Jane Austen Tea Party" at library
- Nov 17th-21st: Futsal Tournament at lunch
- Nov 19th: Montcalm students visit Uni of Toronto
- Nov 20th: Student Council hosts Coffee House
- Nov. 25: Gr. 7-8 3v3 Basketball tournament hosted at Montcalm
- Dec 3rd: Gr. 8 Family Night - Starts at 6pm



montcalm@tvdsb.ca



@MONTCALM.COUGARS



1350 Highbury Ave. North



519-452-2730