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|--|---|---|--|---|
| Monday, November 10 Day 7 | Tuesday, November 11 Day 8 | Wednesday, November 12 Day 9 | Thursday, November 13 Day 10 | Friday, November 14 PA DAY |
| | Pizza Lunch  Assembly at 10:00am Parents/Guests are welcome LIT 3:30-4:30pm Start/Finish 3:30-5:30pm | BGC 3:30-5:30pm | Wear PURPLE Day for Shine the Light on violence against women | PA DAY!  |

Important Info



Kindergarten Registration is now OPEN for September 2026.

Thames Valley District School Board is excited to welcome you and your child to Kindergarten. Registration will be open from October 22, 2025 until January 30, 2026. To be eligible for registration for the Kindergarten program, children must be four years of age by December 31, 2026. To register for Kindergarten, please complete the on-line pre-registration form found on TVDSB'S main webpage at www.tvdsb.ca. If you do not have access to technology, please contact the school to complete the paper registration form at the school.

Early Pick-Ups

We understand sometimes situations come up where parents/guardians need to sign out their children early, however, unless necessary we ask that you **wait until school is dismissed at 3:30pm**. Early sign-outs are very disruptive for the class and interrupts the students learning time. **Please note we will no longer be allowing sign-outs after 3:15pm.**

Thank you, Susanne Young, Principal, & Shane Riley, Vice-Principal

SPIRIT OF SPORT AWARD WINNER

CONGRATS MR. MARIN!

Elementary Schools Coach of the Year

Jeremy Marin

Jeremy is a dedicated and inspiring educator in his seventh year with the Thames Valley District School Board.

A former professional alpine skier, high school football player, and basketball standout at Central Secondary School in London, Jeremy brings a lifelong passion for sport and teamwork to everything he does. Beyond the classroom, Jeremy served as the Head Coach and Program Director at the London Ski Club Racing Program, where he successfully led a team of over 30 coaches and mentored more than 300 athletes.

His leadership style emphasizes inclusion, growth, and character development, ensuring that every athlete—regardless of ability—feels valued and supported.

A proud graduate of Western University, Jeremy fosters positive relationships to build strong, inclusive communities among his students and athletes. Teaching in a low socio-economic school, he recognizes the transformative power of sport and education in shaping confidence and resilience.

At East Carling Jeremy is a school mentor, senior girl's volleyball coach, club organizer for intramurals, grades 3-8 track and field coach and grade 7 and 8 softball assistant coach.

He continues to volunteer throughout his community, always leading with integrity, empathy, and enthusiasm.

Nominator Conor Elliot says "Jeremy's ability to combine his athletic experience, educational expertise, and genuine care for others exemplifies the true Spirit of Sport—making him an outstanding candidate for Coach of the Year."



November

Kindness

- ✓ Taking turns
- ✓ Respecting others' ideas and opinions
- ✓ Including others in work and play
- ✓ Making compromises

Monthly Character Trait:

This month's character trait is **Kindness**. How are you going to show kindness this month?

This month, staff will be looking for a student who shows examples of kindness here at East Carling. The second award will be going to a student who has shown dedication and growth in **math** this month!

GO THUNDER!

ATTENTION LOST & FOUND PLEASE!



Please check out the lost & found tables for missing items. Parents/Guardians are welcome to check after school at 3:30pm.



Save The Date:

November 20th – Investing in Children (Family Literacy & Math Event)

November 27th – Grade 7/8 Immunizations

November 28th - Spirit Day - PJ Day



East Carling School Motto
"Thundering pride:
Driven by unity towards success"

COUGAR SPOTLIGHT

THERE'S MORE
AT MONTCALM
NOVEMBER 2025



SCIENCE LECTURE AT WESTERN



UNITED IN SPORT DAY

OCTOBER HIGHLIGHTS

- | | |
|---|--|
| <p>UNITED IN SPORT DAY! We celebrated all our amazing Fall athletes and sports team</p> | <p>SPIRIT WEEK Fun daily dress themes for students to participate in</p> |
| <p>AVIATION AIRPLANE TVDSB aviation and Montcalm tech students unveil rebuilt airplane</p> | <p>RC CAR RACE Montcalm's RC Car Club competed against other schools</p> |
| <p>GR. 9 FUN DAY Gr. 9 community building through fun games and spirit competition</p> | <p>HALLOWEEN BOOK DRAW Sign out a book, enter a draw, maybe win some chocolate, what's not to love?</p> |
| <p>WESTERN SCIENCE LECTURE Montcalm students participated in a Careers in Science panel discussion</p> | <p>COSTUME CONTEST Montcalm's Spirit week capped off with a halloween costume contest</p> |
| <p>PASTA DAY Delicious pasta made and served by our Work Experience students</p> | <p>PUMPKIN DECORATING CONTEST Homeroom classes competed to make the most spooky and creative pumpkins</p> |



MEET: MARK LUBRIO

Grade: 9 From: East Carling Public School

ABOUT: MEMBER OF THE JR. BOYS VOLLEYBALL TEAM, 7-1 REGULAR SEASON RECORD, HEADING TO SEMI FINALS.

How did you get involved in Montcalm Volleyball

"I've been playing volleyball for 3 years, I started playing when I was in grade 6, I joined the Montcalm volleyball team because I wanted to learn and experience how competitive it is and how fun it is to be part of the team"

What is your advice to soon to be grade 9 students?

"My advice is just to always be a part of any club or join any extra curricular activities, find good friends and always keep at what you're doing, keep chasing your dreams/goals. Highschool is really fun."

UPCOMING AT MONTCALM:

- Nov 3rd: Winter Sports Start (Boys Basketball, Girls Volleyball, Swim Team, Hockey and Wrestling)
- Nov 10th-21st: Gr. 8 Visits at Montcalm
- Nov 14th: "Jane Austen Tea Party" at library
- Nov 17th-21st: Futsal Tournament at lunch
- Nov 19th: Montcalm students visit Uni of Toronto
- Nov 20th: Student Council hosts Coffee House
- Nov. 25: Gr. 7-8 3v3 Basketball tournament hosted at Montcalm
- Dec 3rd: Gr. 8 Family Night - Starts at 6pm



montcalm@tvdsb.ca



@MONTCALM.COUGARS



1350 Highbury Ave. North



519-452-2730

IMPORTANT UPDATE

East Carling P S
now has a Facebook
Page!

Follow our page to get school updates and posts about what is going on around the school!

Link: [Facebook](#)



BE BOLD ABOUT BEING KIND

November 2025

This month your child's school will be talking about bullying and how we can all work to prevent it.

How can you help us build safe & welcoming schools?

- Encourage your child to 'Be Bold about Being Kind' by:
 - Being honest.
 - Being trustworthy.
 - Respecting people's feelings and space.
 - Supporting friends when they need help.
 - Solving problems by listening & working together.
 - Sharing that healthy friendships help us feel happy and safe.
- Support the TVDSB Code of Conduct
- Participate in TVDSB learning about bullying prevention and intervention
- Report bullying to your school. For a definition of bullying [click here](#).



Bullying Prevention and Intervention playlist



Calling all Vendors!

Breakfast with Santa
at
East Carling Public School
Saturday, November 29th
10am-1pm
814 Quebec Street

Spaces are limited! Secure your spot today!
Click [here](#) to fill out a vendor application form.




Investing in Children Presents
Family Literacy & Math Event
for JK to Grade 3 students and their families

Lots and Lots of Spots and Dots

East Carling Public School
Thursday, November 20th
5:30pm - 7:00pm

Join us for activity stations,
healthy snacks and door prizes!



www.investinginchildren.on.ca
Facebook @investinginchildren Instagram & X @InvestChildren



The Salvation Army
London Community Services

2025 Christmas Assistance Program

Online application will be open November 3rd - November 30th, or until all appointments have been filled.

To Apply:
www.londoncs.ca/christmas

Be sure to book your pick-up appointment at the time of application.
Pick up dates: December 12 and 15-19.
Pick Up Location: J-AAR Expo Centre at the Western Fair District - 845 Florence Street, London (formerly known as the Agriplex)

Our priority is to support London and area families with children aged 0-12 who receive OW or ODSP or seniors (55+) on a fixed income. Any applicant applying for toys who is not on OW/ODSP or living within a fixed income will be required to meet with a member of our team to determine if you qualify for our program.

If you require assistance with your application, please call or email AFTER NOVEMBER 3rd to book an in-person appointment with one of our team members.
Call 519-660-5884 Monday - Friday between 9:30am-3:00pm, or email londonchristmasassistance@salvationarmy.ca



level up!

SKILLED TRADES CAREER FAIR OPEN HOUSE

| WHEN | WHERE |
|--|---|
| NOV. 12 3:00 p.m. to 7:30 p.m. | LONDON J-AAR Expo Centre Pavilion |

Real industry pros Free Interactive exhibits



Skilled Trades Ontario logo and Ontario logo.



ALL Are Welcome

NOVEMBER 14TH PA DAY

THEMES:
All Stars Ages 6-12 **Beach Day**
Camp-a-saurus Ages 4 & 5 **Paws & Pages**
Creative Arts Ages 6-9 **Fall Colours** - Water Colour Techniques
G.A.M.E. Games & Media Exploration Ages 9-13 **Space Explorers**
Kamp I Direct Ages 6-12 **Pick-le Your Day** - National Pickle Day
Stepping Stones Ages 11-14 **Survivor**
• Build Confidence, Form Real Friendships & Strengthen Social Skills
Super Skills Ages 6-10 **Cozy Critters**
• Build Resilience, Make Friendships & Learn Practical Skills

To Register and See Daily Schedules:
bgclondon.ca/pa-holiday-camps
More Information: 519-434-9114 • info@bgclondon.ca



bgc London
184 Horton Street, London ON N6B 1K8